

“Smoking cessation is the most important preventive intervention any HCP can provide and should be seen as a fundamental clinical responsibility”

~ Dr. Andrew Pipe, Chief, Division of Prevention and Rehabilitation,  
University of Ottawa Heart Institute

## Combination NRT [patch + oral format]

- In 2015, the product licenses for NICORETTE® and NICODERM® formats were updated
- Concurrent use warnings have been deleted
- Exclusive to Johnson & Johnson Inc. brands: License now supports use of NRT formats concurrently and longer duration if needed – based on healthcare professional opinion
- Combination NRT is almost 3x more effective than “cold turkey”  
(OR 2.73;95% CI 2.07-3.65) <sup>1</sup>

**Combination nicotine replacement therapy (patch + oral) is reimbursed on RAMQ IF ON THE SAME PRESCRIPTION.**

## Reduce-to-Quit

- License now supports use of NICODERM®, NICORETTE® Lozenge, NICORETTE® Inhaler and NICORETTE® Gum for Reduce-to-Quit®

Previous Label Statement	NEW Label Statement
<i>Do not smoke or use tobacco, snuff or other nicotine-containing medications at the same time that you use [NICORETTE®/NICODERM®]</i>	<ul style="list-style-type: none"><li>• NONE; “do not use” statement is deleted.</li><li>• Additional: if you are using [NICORETTE®/NICODERM®] while trying to quit smoking but slip up and have a cigarette, you should not stop using [NICORETTE®/NICODERM®]. You should keep using it and keep trying to quit.</li></ul>
<i>Stop smoking completely when you begin using [NICORETTE®/NICODERM®]</i>	Begin using [NICORETTE®/NICODERM®] on your quit day
<i>Do not use for more than [a specified # of weeks/months].</i>	It is important to complete treatment. If you feel you need to use [NICORETTE®/NICODERM®] for a longer period to keep from smoking, talk to your health care provider
	If the amounts of [NICORETTE®/NICODERM®] you are taking do not help you stop smoking, talk with your healthcare provider about using more than one type of nicotine replacement therapy at the same time.

